

HEALTH INFORMATION



Santa Clara Unified
School District
Department of Health and Wellness

BULLETIN

Children of school age may be exposed to a variety of communicable diseases and sometimes it is difficult to decide whether or not to send your child to school. Refer to symptoms below when making that decision:

YOUR CHILD NEEDS TO STAY HOME WHEN EXPERIENCING:

- Any contagious disease
- Vomiting in the last 24 hours
- Fever over 100 F. Temp needs to be normal for 24 hours without fever-reducing medication before returning to school.
- Diarrhea more than 2 times in the past 24 hours
- Rash – all rashes must be diagnosed by a health care provider.
- Open sores, unless the area can be covered securely with a dressing
- Is not well enough to participate in class

A NOTE ABOUT HEAD LICE:

Head lice is a common occurrence. Lice do not spread disease, but can become a nuisance. **Please notify the school if you find the presence of lice or nits on your child.** Information on identification of lice and treatment is available from the school office.

Health Concerns...

Please notify your school nurse of any health problems or concerns that you have regarding your child during the school year.

IF YOUR CHILD BECOMES ILL OR INJURED AT SCHOOL:

- Make arrangements to pick up your child immediately.
- Have an alternate plan for care if you are not available.
- Keep your emergency card phone contacts up to date.
- Evaluate your child's readiness to return to school based on symptoms evident.
- If your child is sent home with a fever or vomiting, he/she **SHOULD NOT** return to school until there has been no vomiting *and* temperature has been normal for 24 hours without the use of fever reducing medications.

Medications:

In accordance with California Law, in order for school staff to assist a child who must take medication (prescription or over-the-counter) during school hours, parent/guardian must provide:

- A detailed written prescription by a licensed health care provider and parent/guardian written request.
Forms are available in the office.
- Medication must be supplied in the original pharmacy labelled container.

Under special circumstances, an older student may be allowed to carry emergency medication (inhaler/epinephrine) if written authorization is obtained by the provider and parent and is approved by the school nurse. Forms are available in the office.

Vision and hearing screenings...

Students in grades K, 2, 5 and 8 are screened during the year. You will be notified in writing if your child fails a screening. If you have concerns about your child's vision or hearing in any other grade, please contact your school nurse through the school office.